

MOMENTUM PLANNER

v 1.2 - Nov 24

*A minimalistic framework to turn projects into daily actions,
reflect meaningfully, and get results*

Printables Download Readme

In this folder, you'll find this Readme and two printable .pdf files.

Below is a suggested approach to printing. Feel free to adjust it as you see fit—and if you discover a method that works better, I'd love to hear about it.

How To Print

- Set your printer to print two pages per sheet.
- Place the Quarterly pages at the beginning or end of your notebook.
- Print as many Weekly pages as you need. For example, you can count how many weeks remain in the year and print that exact number.

| Quarters | | | | |
|----------|-----|-----|-----|-----|
| Q1 | Jan | Feb | Mar | ... |
| | | | | |

| Weeks | | | | |
|-------|-----|-----|-----|-----|
| Week | Mon | Tue | Wed | ... |
| | | | | |

Thank you for downloading the Momentum Planner printables. I hope this simple system makes as positive an impact on you as it did on me.

If you have feedback, questions, or just want to stay updated on Momentum Planner developments, follow me on [X.com](#) or [Bluesky](#). I'm [@amnlcpc](#) on both.